



# February 2025



<b>3</b> <b>Long John</b> Burrito Bowl (Rice, pulled pork) Seasoned Black Beans Steamed Corn Mini Cinnamon Donuts	<b>4</b> <b>Tornado</b> Sloppy Joe French Fries Slushies	<b>5</b> <b>Blueberry Waffles</b> Pork Tenderloin Mashed Potatoes Gravy French Bread	<b>6</b> <b>Cinnamon Breadstick</b> Tacos Long John Green Beans	<b>7</b> <b>Pancake Wrap</b> Deli Sandwich Chips Cookie
<b>10</b> <b>Breakfast Pizza</b> Grilled Chicken Sandwich OR BBQ Rib Sandwich Fries	<b>11</b> <b>Cereal</b> Pizza Burgers Steamed Corn Slushies	<b>12</b> <b>Egg Bites</b> Chicken Nuggets Mashed Potatoes Gravy Dinner Roll	<b>13</b> <b>Coffee Cake</b> Max Cheese Sticks Marinara Sauce Green Beans Pudding	<b>14</b> <b>NO SCHOOL</b>
<b>17</b> <b>Pancake Wrap</b> Enchiladas Green Beans Cinnamon Donuts	<b>18</b> <b>Long John</b> Chicken Alfredo Steamed Broccoli Dinner Roll	<b>19</b> <b>Sausage Biscuit</b> Spaghetti Green Beans Garlic Bread	<b>20</b> <b>Strawberry Bagel</b> Chicken Patty Sandwich French Fries Steamed Peas	<b>21</b> <b>Tornado</b> Pizza Steamed Corn Slushies
<b>24</b> <b>Cinnamon Breadstick</b> French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater	<b>25</b> <b>Breakfast Pizza</b> Sweet & Sour Chicken Steamed Broccoli Brown Rice	<b>26</b> <b>Egg &amp; Cheese Biscuit</b> Chicken Fried Steak Mashed Potatoes Gravy French Bread	<b>27</b> <b>Chocolate Chip French Toast</b> Popcorn Chicken Scalloped Potatoes Steamed Peas Dinner Roll	<b>28</b> <b>Tornado</b> Chili OR Chicken Noodle Soup Saltines Cinnamon Rolls

All grains are whole grain rich.

Fresh fruit and vegetable bar is offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.



Heartland Community Schools is an equal opportunity provider.